



HEROS H10

Helmeinstellung
Helmet adjustment

 rosenbauer

So einfach ist die Einstellung Ihres HEROS H10. In 4 Handgriffen zum perfekten Sitz.

ACHTUNG: Damit der Helm die nötige Schutzwirkung bietet, muss dieser auf den Kopf des Trägers eingestellt werden.

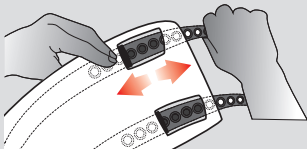
*Adjustment of your HEROS H10 is extremely simple.
A perfect fit in just 4 steps.*

ATTENTION: In order to provide the necessary protection, the helmet must be properly adjusted to the wearer's head.

1

Einstellen der Tragehöhe

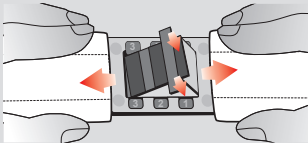
Adjustment of the wearing height



2

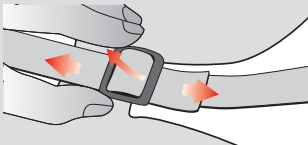
Kopfband in 3 Weiten

Head circumference adjustment

**3**

Position der Kinnriemenpolsterung

Position of the chin strap padding



4

Drehknopf

External rotary knob

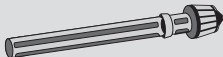


Anpassungsset

(Optional: nicht im Lieferumfang enthalten. Art.-Nr.: 157360)

Adjustment set

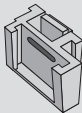
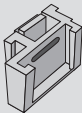
(Optional: not included in scope of delivery. Art.-No.: 157360)



Achse lang

Axle long

links / left

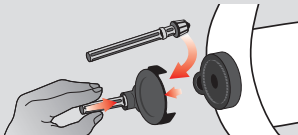
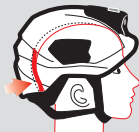


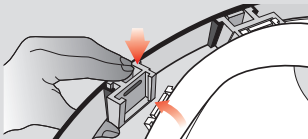
rechts / right

**Abstandshalter
(links+rechts)**
Spacers (left+right)

Anwendungszweck | Purpose of use

a



b**a****b**

Kleine Köpfe | Small heads

Hinweis: Bei den Kopfgrößen 48 - 52 empfehlen wir die längere Achse und die Abstandhalter auf jeden Fall einzubauen.

Note: For head sizes 48 - 52, we recommend installing the longer axle and the spacers in any case.

b

Brillenträger | Spectacle wearers

Abstandhalter für erhöhten Abstand Gesicht zu Augenschutzvisier

Spacers for increased distance eye protector to face

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